



## SAFE OPERATING PROCEDURE

# The Wall

**The 3 metre smooth wall with dismounting platform at the back.**

- 1 Activity Supervisor per 12 participants
- Inform CYC host of any malfunctioning equipment
- Wear a hat and sunscreen

The objective of this activity is to get your entire team to the other side. This takes planning, especially to figure out how to get the last person up and over.

## Safety Concerns

The participants must be made aware of good spotting techniques and body posture for supporting others as they do this activity- arms up, front foot forward and ready to brace shoulders

No one is to jump down from the top of the wall but all must use the platform and ramp at the back.

Those that manage to get to the top make sure they are not extending themselves excessively so as to fall on those still trying to get up.

**All damage and injuries must be reported to CYC Staff as soon as practicable**

**Failure to follow these instructions could result in injury.**

**CYC reserve the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office**